Fx Daily Report

CORPORATE AND INVESTMENT BANKING

TUESDAY, JULY 14, 2026

Believe It Or Not!!

A serial Guinness World Record breaker completed a marathon in under 6 hours while under the weight of a staggering 125 T-shirts.David Rush, who holds the most concurrent Guinness World Records titles, said he decided to take on the title for the most t-shirts worn during a marathon after setting the half-marathon version of the record with 137 T-shirts at the 2025 Famous Idaho Potato Half Marathon.In the heat of that victory, I felt invincible. I thought, 'If I can do this for 13 miles, I can easily double it.' That was a classic case of pride coming before a very painful fall,".Rush spent months training for the attempt by running with heavy weights and thick layers of clothing.He ran the 2026 YMCA Famous Idaho Potato Marathon on May 16 while wearing 125 shirts.Rush ended up finishing the race with a time of 5 hours, 54 minutes, and 50 seconds -- leaving him with only 5 minutes to spare before the Guinness World Records cut-off time of 6 hours."The process of peeling 125 shirts off my body felt like an exorcism," he said. "My skin was red, raw and crisscrossed with bloody, five-inch-long chafing marks where the bottom of the shirts had ground against my skin for six hours. My back was indented from the constant pressure of 43 pounds of clothing."Guinness World Records has now confirmed that Rush officially broke the previous record of 100 T-shirts.

ECONOMIC RELEASE

US

CORE CPI MM,SA EXP 0.2% LAST 0.2%	CORE CPI YY, NSA EXP 2.9% LAST 2.9%
CPI MM, SA EXP -0.1% LAST 0.5%	CPI YY, NSA EXP 3.8% LAST 4.2%

TECHNICAL ANALYSIS

	SUPPORT	SPOT	Δ	RESISTANCE	COMMENTS
EUR/USD	1.1050 - 1.1240	1.1395	-0.04%	1.1460 - 1.1617	**EUR/USD** is trading cautiously amid renewed US military strikes against Iran and the strong rally in the oil markets. Investors await the US CPI report, that could support the US dollar and provide fresh clues on the FED policy path. Meanwhile, the ECB and FED comments, along with ME tensions and risk sentiment should also be monitored.
USD/JPY	161.00 - 162.00	162.30	0.20%	163.00 - 164.00	**USD/JPY** climbed above 162.00 level amid rising Treasury yields. Later today, the US CPI data will infuse high volatility across the board. Elsewhere, traders should monitor FED officials commentary and geopolitical developments that could alter the pair's trajectory.
GBP/USD	1.2825 - 1.3026	1.3365	-0.11%	1.3380 - 1.3420	**GBP/USD** is trading in a tight band as macro forces pull the Sterling and Greenback in competing directions. Traders will be scanning today BoE Bailey's remarks for hints on how the BoE plans to balance sticky service costs against soft economic growth.
USD/CHF	0.7889 - 0.8012	0.8135	0.43%	0.8143 - 0.8207	**USD/CHF** is trading with a strong bullish bias ahead of the US June CPI Release – the marquee event of the week. A hotter-than-expected CPI print will likely cement rate-hike expectations for the Fed and propel the pair toward 0.8170; a cooler print will give the Fed breathing room potentially sparking a sharp decline below 0.8100.

AROUND THE WORLD

CURRENCY	COUNTRY	RATE	Δ
USD / LBP		89500.00	0.00%
AUD / USD		0.6935	0.07%
USD / CAD		1.4130	-0.21%
USD / BRL		5.4345	6.37%
USD / AED		3.6727	-0.01%
USD / SAR		3.7549	0.01%
USD / KWD		0.3078	-0.02%
USD / JOD		0.7090	0.00%
XAU	GOLD	4032.00	-0.57%
XAG	SILVER	58.30	0.50%
WTI	OIL	79.41	6.58%

INTERBANK RATES

	USD	EUR	GBP	JPY
1 MONTH	3.58	1.95	3.80	0.60
3 MONTHS	3.92	2.39	4.01	1.01
6 MONTHS	4.13	2.58	4.19	1.13
1 YEAR	4.43	2.81	4.48	1.32

BEIRUT STOCK EXCHANGE

USD	CLOSE	Δ	VOLUME	HIGH	LOW
SOL A	74.00	0.00%	0	-	-
SOL B	72.50	0.00%	0	-	-
Ciments Libanais	72.60	0.00%	0	-	-
AUDI GDR	2.18	0.00%	0	-	-
BLOM GDR	7.15	0.00%	0	-	-
BYBLOS	0.70	0.00%	0	-	-

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STOCK INDICES

DOW JONES	52,498.64	-0.26%	CAC 40	8,364.65	0.31%	NIKKEI	67,769.64	1.27%
NASDAQ	25,873.18	-1.55%	FTSE	10,498.29	0.01%	HANG SENG	24,301.40	0.45%
S&P 500	7,515.34	-0.79%	GDAX	25,114.25	0.19%	SHANGHAI	3,933.11	0.12%

EUROBONDS

		COUPON	MATURITY	PRICE		YIELD	
				Bid	Ask	Yield-Bid	Yield-Offer
LEBANON APR 21	USD	8.250%	12-Apr-21	26.000	28.000	-	-
LEBANON OCT 22	USD	6.100%	04-Oct-22	24.000	26.000	-	-
LEBANON JAN 23	USD	6.000%	27-Jan-23	24.000	26.000	-	-
LEBANON MAY 23	USD	6.400%	26-May-23	24.000	26.000	-	-
LEBANON APR 24	USD	6.650%	22-Apr-24	24.000	26.000	-	-
LEBANON NOV 24	USD	6.250%	04-Nov-24	24.000	26.000	-	-
LEBANON DEC 24	USD	7.000%	03-Dec-24	24.000	26.000	-	-
LEBANON FEB 25	USD	6.200%	26-Feb-25	24.000	26.000	-	-
LEBANON JUN 25	USD	6.250%	12-Jun-25	24.000	26.000	-	-
LEBANON NOV 26	USD	6.600%	27-Nov-26	24.000	26.000	865.34%	780.56%
LEBANON MAR 27	USD	6.850%	23-Mar-27	24.250	26.250	378.27%	346.37%
LEBANON NOV 27	USD	6.750%	29-Nov-27	24.250	26.250	153.84%	143.24%
LEBANON MAR 28	USD	7.000%	20-Mar-28	24.250	26.250	123.54%	115.40%
LEBANON NOV 28	USD	6.650%	03-Nov-28	24.250	26.250	89.38%	83.77%
LEBANON MAY 29	USD	6.850%	25-May-29	24.250	26.250	73.77%	69.26%
LEBANON FEB 30	USD	6.650%	26-Feb-30	24.375	26.375	60.00%	56.42%
LEABNON APR 31	USD	7.000%	22-Apr-31	24.750	26.750	49.08%	46.22%
LEBANON MAR 32	USD	7.000%	23-Mar-32	25.000	27.000	43.45%	40.93%
LEBANON MAY 33	USD	8.200%	17-May-33	25.750	27.750	41.52%	39.12%
LEBANON MAY 34	USD	8.250%	17-May-34	25.750	27.750	39.19%	36.90%
LEBANON NOV 35	USD	7.050%	02-Nov-35	25.250	27.250	33.68%	31.68%
LEBANON MAR 37	USD	7.250%	23-Mar-37	25.250	27.250	32.61%	30.62%

This report is for information purposes only. All information herein is based on data obtained from sources considered to be reliable. However, SGBL does not guarantee the accuracy of the data. Opinions and estimates contained herein may change without notice. This report is not intended to be and should not be construed as an offer or solicitation to acquire, or dispose of any of the securities or issues mentioned in this report."

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MONDAY TO FRIDAY FROM 8:00 AM TO 15:00 PM

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